ZERMATTERS
ALPINE SCHOOL

Glacier trekking Rhoneglacier

GLACIER TREKKING RHONE GLACIER ANDERMATT (CH) | 1 DAY

Experience the impressive Rhone Glacier up close and personal. Cross this awe-inspiring sea of ice with its 10 m-deep crevasses. Equipped with our crampons, ice axes and roped together as a team, we reach the mouth of the glacier to witness the mesmerizing spectacle of glacial milk cascading down into the Rhone valley. Participants will also have the opportunity to venture as far as 100 m into the ice grotto.

Technique	**beginner** A continuous route, sure-footedness and experience of day hikes required; Terrain: mostly moderately steep (T1-T2); Alpine technique: experience is not necessary
Condition	**beginner** Duration from 2 to 5 hours, up to approx. 700 vertical meters, approx. 250 vertical meters per hour.
Meeting place	9.15 a.m. Mammut Store Andermatt / Imholz Sport - Piazza Gottardo (train arrival 9.06 a.m. Andermatt)

Services

Included

- Guiding and supervision by a mountain guide
- 15% discount on mammut.com

Not included

- Travel to the course
- Transport (possible travel by mountain rail)
- Rental equipment (climbing harness CHF 9, crampons CHF 9, ice axe CHF 10)
- Snacks and drinks
- Admission to ice grotto CHF 9.- (if desired)
- Contribution to the Travel Guarantee Fund (0.25% on total amount)

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Program

Day 1

After a short ride from Andermatt along the Furka Pass road, which has a long tradition – not to mention was the filming location for the spectacular chase scene in the James Bond classic “Goldfinger” – you arrive at the famous Hotel Belvédère. Here, you will put on the crampons, get out the ice axes and rope yourself together before venturing to explore the glacier. The guide will take you past crevasses and across dizzying ice bridges while teaching you how to use an ice screw as an anchor point. If you’ve always wanted to experience a glacier up close, you’re also free to go up to 100 m inside the ice grotto at the end of our tour. (Distance: 4.5 km. Duration: 5-6 hours. Ascent/Descent: 250/250 vertical meters)

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Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented:**Please note that the backpack with the equipment does not weigh more than 8 to 10 kg (crampons, ice axe, harness weigh about 1.5 kg).**

- ☐ Climbing harness with 1x safelock carabiner
- ☐ Ice axe
- ☐ Crampons with ABS

Technical equipment

- ☐ Climbing harness with 1x safelock carabiner (or 2x screw carabiners)
- ☐ Ice axe
- ☐ Crampons with ABS
- ☐ Backpack approx. 30l with rain cover
- ☐ Gaiter (optional)
- ☐ Telescopic trekking poles with snow baskets (optional)

Clothing

- ☐ 1x Hardshell jacket and pants (wind- and waterproof)
- ☐ 1x Mountaineering or trekking pants
- ☐ 1x Soft shell and/or fleece jacket
- ☐ 1x Down jacket
- ☐ 1x Short/long functional underwear
- ☐ 1x Cap/headband and 1x hat
- ☐ 2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)
- ☐ 1x Functional socks and 1x spare socks
- ☐ Hiking shoes or mountaineering shoes (at least ankle-high, hard sole)

Food

- ☐ You need to bring your own hot drinks and lunch
- ☐ Snacks (e.g. energy bars, dried fruit, dried meat)

Various

- ☐ Sun cream and lip cream (SPF 30 or higher)
- ☐ Sunglasses
- ☐ Thermos flask made from break-proof material
- ☐ Half fare travelcard (if existing)
- ☐ Small medicinal supplies for personal requirements
- ☐ Camera (optional)