ZERMATTERS
ALPINE SCHOOL

Ski/Snowboard tours for beginners x Wellness - Andermatt

GET A TASTE OF THE TOURING WORLD! (CH) | 2 DAYS

You will be spoiled for choice in the ski-touring paradise of Andermatt, with easy tours through fresh powder snow up to unforgettable summits. Along the way, you will learn valuable facts on avalanche theory, and pick up tips on your skiing and touring technique. From a wellness session in the luxurious spa or a treat in the regionally inspired gourmet restaurant of the 4-star superior hotel – every conceivable luxury a ski tourer could wish for awaits you at the Radisson Blu Reussen in Andermatt, opened at the end of 2018. This course is suitable for ski tourers and snowboarders.

Content

- Interpreting dangers using avalanche forecasts and applying this information on a planned tour, introduction to the 3 x 3 method
- Ascents using skins
- Tips for powder snow skiing so that descents become something to enjoy
- Use of emergency equipment (avalanche transceiver, avalanche shovel, avalanche probe), rescue procedures
- Learn how the avalanche airbag backpack functions

Destination

Depending on your personal fitness levels, you will be able to take part in easy to moderate guided courses and tours e.g. a basic ski touring course, free touring in Andermatt or Davos

Technique

beginner

Piste: confident on skis, Powder snow: no experience necessary, Terrain: relatively steep, open terrainFor snowboarders: confident traversing (frontside/backside), ability to ride flat areas using a sliding technique (ski poles)

Condition

beginner

Duration from 2 to 4 hours, up to approx. 700 vertical meters, approx. 250 vertical meters per hour.

Meeting place

9.45 a.m. Mammut Store Andermatt / Imholz Sport, Furkagasse 2, 6490 Andermatt (train arrival 9.24 a.m.) Due to the necessary protective measures regarding COVID-19, we kindly ask you not to enter the store until the meeting time. It is possible to stay in the Café/Restaurant Biselli, which is located directly next door.

Departure

Approx. 4.00 p.m. Mammut Store Andermatt / Imholz Sport

Accommodation

Radisson Blu Hotel Reussen, Bärengasse 1, 6490 Andermatt

Services

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Included

- Guidance and supervision provided by a mountain guide
- Accommodation with half board incl. wellness area: 1x hotel (standard double room)
- Mammut Safety Equipement to test (Avalanche Safety Equipment and Avalanche Airbag worth CHF 89.-)
- Eiger Extreme Hardshell Jack to test
- "Caution Avalanches" course materials
- 15% discount on mammut.com

Not included

- Travel to the course
- Transport (possible journey by mountain rail)
- Snacks and drinks
- Ski touring skis CHF 89.- (skis, binding, skins, ski crampons, poles incl. insurance)
- Ski touring boots CHF 45.-

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Program

Day 1

After the initial welcome and equipment handover you will begin your first tour. You will ascent using skins and in doing so learn the skills for touring ascents and later for descents. An introduction to using emergency equipment (avalanche transceiver, shovel, probe, airbag) will also be included in this exciting day. In the evening, you can relax in the hotel's spa & wellness center.

Day 2

After a hearty breakfast with regional produce, we will consider various attractive summits for the day ahead. Together with the group, the mountain guide will select the destination, depending on conditions and the weather. Possible peaks are the Pazolastock 2,740 meters, the Winterhorn 2,662 meters and the Tälligrat 2,748 meters. (Distance: 5-7 km. Hiking time: 2-4 hours. Ascent: approx. 700 vertical meters).

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Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented:

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Avalanche-Airbag-Backpack
- ☐ Ski touring equipment (skis, binding, skins, ski crampons, poles)
- ☐ Ski touring boots
- ☐ MSR Snowshoes (for Snowboarders)
- ☐ Eiger Extreme Hardshell Jacket to test

Technical equipment

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Avalanche airbag backpack (approx. 30 l with ski carrier)
- ☐ Ski touring equipment (skis, bindings, skins, ski crampons)
- ☐ Alpine ski boots or touring ski boots
- ☐ Alternative to ski touring equipment: Splitboard with skins or snowboard and snowshoes including snowboard boots/ Telemark ski and Boots
- ☐ (telescopinc) Ski poles
- ☐ Ski helmet

Clothing

- ☐ 1x Ski jacket and 1x ski pants (Gore-Tex or similar material)
- ☐ 1x Soft shell and/or fleece jacket
- ☐ 1x Short/long functional underwear
- ☐ 1x Beanie and 1x headband
- ☐ 2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)
- ☐ 1x Functional socks and 1x spare socks

Overnight cottage

- ☐ Clothes and shoes for the evening (for wearing in the accommodation and in the village)
- ☐ Own toiletries, ear plugs if required

Food

- ☐ Breakfast and dinner at the hotel
- ☐ You need to bring your own hot drinks and lunch or you can buy them in the village
- ☐ Snacks (e.g. energy bars, dried fruit, dried meat)

Various

- ☐ Sunglasses and ski goggles
- ☐ Sun cream and lip cream (SPF 30 or higher)

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- ☐ Camera and binoculars (optional)
- ☐ Half fare travelcard (if existing)
- ☐ Thermos flask made from break-proof material
- ☐ Small medicinal supplies for personal requirements