ZERMATTERS
ALPINE SCHOOL

Wildhorn 3,248 meters

ON THE HIGHEST ELEVATION IN THE WESTERN BERNESE ALPS (CH) | 3 DAYS

Three-day tour in the beautiful Wildhorn region. With its two summits at 3,246 meters and 3,247 meters, the Wildhorn is the highest elevation in the Wildhorn range in the western Bernese Alps.

Technique	**beginner–intermediate** Alpine technique: no prior knowledge needed; Terrain: mostly moderately steep, short steeper sections and traverses
Condition	**intermediate** Duration from 5 to 7 hours, up to approx. 1,200 vertical meters, approx. 300 vertical meters per hour
Meeting place	9.30 a.m. Lenk train station, train arrival 9.21 a.m. Lenk
Departure	Approx. 16.00 p.m. Lenk train station
Accommodation	Wildhornhütte SAC 2303 m

Services

Included

- Guiding and supervision by a mountain guide
- Accommodation with half board: 2 x hut (base camp)
- 15% discount on mammut.com

Not included

- Travel to the course
- Transport (taxi)
- Snacks and drinks
- A CHF 12 per night (approx.) hut tax for non-SAC members
- Rental Equipment

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Program

Day 1

Individual arrival at Lenk, welcome by the mountain guide and handover of rental equipment. The group will then travel together by taxi to the Iffigenalp. Today's tour will take you via Iffigensee to the Wildhorn Hut at 2,303 meters. On the way, you will be given tips on hiking technique, an introduction to avalanche theory and use of emergency equipment. (Distance: 6 km, Hiking time approx. 4 hours, Ascent/Decent: 800/0 vertical meters).

Day 2

Starting from the hut, you will climb over the Chilchli Glacier up to the Wildhorn at 3,247 meters. The stunning view from the top will be a fitting reward for your exertions. Climb back down to the Wildhorn Hut. (Distance: 10 km, Hiking time 4-6 hours, Ascent/Descent: 1,000/1,000 vertical meters).

Day 3

During the descent down from the hut, we will climb the Iffighore, before making our way over superb slopes down to Färichen, where the taxi will then take us back to Lenk. (Distance: 10 km, Hiking time 4-6 hours, Ascent/Descent: 250/1,300 vertical meters).

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Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented:

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ MSR Snowshoes
- ☐ (telescopinc) Ski poles
- ☐ Climbing harness with 1 safelock carabiner (or 2x screw carabiners)

Technical equipment

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Touring backpack (approx. 30l)
- ☐ Snowshoes
- ☐ (telescopinc) Ski poles
- ☐ Climbing harness with 1 safelock carabiner (or 2x screw carabiners)
- ☐ Gaiter (optional)

Clothing

- ☐ 1x ski jacket and 1x ski pants (Gore-Tex or similar material)
- ☐ 1x Soft shell and/or fleece jacket
- ☐ 1x Short/long functional underwear
- ☐ 1x Beanie and 1x headband
- ☐ 2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)
- ☐ 1x Functional socks and 1x spare socks
- ☐ Warm, robust winter shoes, must be laceable and have solid soles or mountain boots

Overnight cottage

- ☐ Own toiletries, ear plugs if required
- ☐ Clothes to wear in the hut (Minimum)
- ☐ Slipper socks are at the hut
- ☐ Sleeping bag liner made of silk or cotton (for hygienic reasons)
- ☐ SAC/Alpine Club member card (if avalaible)

Food

- ☐ Breakfast and dinner at the hut
- ☐ Tea an lunch must be brought or can be bought at the hut
- ☐ Snacks (e.g. energy bars, dried fruit, dried meat)

Various

- ☐ Sunglasses and ski goggles

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- ☐ Sun cream and lip cream (SPF 30 or higher)
- ☐ Camera and binoculars (optional)
- ☐ Half fare travelcard (if existing)
- ☐ Thermos flask made from break-proof material
- ☐ Headlamp with new batteries
- ☐ Small medicinal supplies for personal requirements