ZERMATTERS
ALPINE SCHOOL

Piz Bernina 4049 m & Piz Palü 3901 M

CROWN JEWELS ON DISPLAY IN THE "BALLROOM OF THE ALPS" (CH) | 3 DAYS

You've cherry-picked the best of the several peaks dotting the Bernina massif. And the table couldn't be set more opulently in this "ballroom of the Alps". The Piz Bernina (4049 m) and Piz Palü (3900 m) are the highest peaks in the eastern Alps. Let yourself fall under the spell of this charming alpine region.

Technique	**medium-demanding** Experience of intermediate level mountain tours required; Terrain: mostly steep with longer exposed rock sections (grade II-III), ice and firn sections; Alpine technique: advanced course or similar knowledge
Condition	**medium-demanding** Duration from 7 to 9 hours, up to approx. 1,500 vertical meters, approx. 350 vertical meters per hour.
Meeting place	11.30 a.m. Talstation Diavolezza Bahn (Train arrival 11.28 a.m. Bernina Diavolezza)
Departure	Ca. 3 p.m. Bernina-Diavolezza
Accommodation	Berggasthaus Diavolezza 2972 mMarco e Rosa Hütte 3609 m

Services

Included

- Guiding and supervision by a mountain guide
- Accommodation with half board: 1 x mountain inn, 1 x hut (base camp)
- 15% discount on mammut.com

Not included

- Travel to the course
- Transport approx CHF 40.-
- Glacier equipment CHF 75.- (climbing harness, climbing helmet, ice axe, crampons)
- Snacks and drinks
- Hut tax CHF 12.- per night if not a SAC/Alpine Club member

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Program

Day 1

The participants arrive and are greeted by the guide, who will then brief the group on the plans for the next several days and hand out any rental gear. Spend the afternoon reviewing the basic course content again to prepare for the next few days.

Day 2

Today, first on the agenda is the true crown jewel – the Piz Bernina (4049 m). After an easy climbing section on the Fortezza, you cross to the terrace-like slopes flanking the Bellavista. Taking the Spallagrat route, you make your ascent to the summit before climbing down a short section to the Marco e Rosa hut on the Italian side of the border. (Distance: 8 km, walking time: 9 hrs, ascent/descent: 1400/400 m gain/loss)

Day 3

Today, you'll check off all three peaks of the Piz Palü. First, you cross the entire Bellavista plateau to reach Forcla Bellavista. You then climb your way along an easy passage to the western summit. From there, you follow the snowy ridge to the main summit and the highest point of the Piz Palü (3901 m). After taking plenty of time to rest at the summit, you continue along the narrow ridge to the eastern summit, where you pass through the Cambrena icefall, past the Piz Trovat and to the top of the Diavolezza, your final destination. (Distance: 8 km, walking time: 7 hrs, ascent/descent: 500/1100 m gain/loss)

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Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented:**Please note that the backpack with the equipment does not weigh more than 8 to 10 kg (crampons, ice axe, harness weigh about 1.5 kg).**

- ☐ Climbing harness with 1x safelock carabiner
- ☐ Ice axe
- ☐ Crampons with ABS
- ☐ Helmet

Technical equipment

- ☐ Climbing harness with 1x safelock carabiner (or 2x screw carabiners)
- ☐ Ice axe
- ☐ Crampons with ABS
- ☐ Helmet
- ☐ Backpack approx. 30l with rain cover
- ☐ Gaiter (optional)

Clothing

- ☐ 1x Hardshell jacket and pants (wind- and waterproof)
- ☐ 1x Mountaineering or trekking pants
- ☐ 1x Soft shell and/or fleece jacket
- ☐ 1x Short/long functional underwear
- ☐ 1x Cap/headband and 1x hat
- ☐ 2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)
- ☐ 1x Functional socks and 1x spare socks
- ☐ Hiking shoes or mountaineering shoes (at least ankle-high, hard sole)

Overnight cottage

- ☐ Own toiletries, ear plugs if required
- ☐ Clothes to wear in the hut (Minimum)
- ☐ Slipper socks are at the hut
- ☐ Sleeping bag liner made of silk or cotton (for hygienic reasons)
- ☐ Pillow (60x60)
- ☐ Protective masks (2 masks for each overnight stay)
- ☐ Sanitizer
- ☐ Towel
- ☐ SAC/Alpine Club member card (if available)

Food

- ☐ Breakfast and dinner at the hut
- ☐ Tea an lunch must be brought or can be bought at the mountain inn or hut
- ☐ Snacks (e.g. energy bars, dried fruit, dried meat)

Various

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- ☐ Sunglasses and ski goggles
- ☐ Sun cream and lip cream (SPF 30 or higher)
- ☐ Camera (optional)
- ☐ Half fare travelcard (if existing)
- ☐ Thermos flask made from break-proof material
- ☐ Headlamp with new batteries
- ☐ Small medicinal supplies for personal requirements