ZERMATTERS
ALPINE SCHOOL

From Wildhorn 3248 m to Wildstrubel 3243 m

HIGH ALPINE SNOWSHOE TREKKING OF THE WESTERN BERNESE OBERLAND (CH) | 4 DAYS

The Wildhorn 3248 m and the Wildstrubel 3242 m mark the highest peaks of the western Bernese Alps. You climb both peaks and cross an impressive and remote high alpine area from hut to hut during these four days.

Technique	**intermediate** Alpine technique: basic course or similar prior knowledge required; Terrain: longer steep sections and traverses, also over glaciers
Condition	**intermediate** Duration from 5 to 7 hours, up to approx. 1,200 vertical meters, approx. 300 vertical meters per hour.Our Self-Check (https://findmind.ch/c/eJTb-6Cue) can help you estimate your condition for this tour.
Meeting place	9.30 a.m. Lenk train station (train arrival 9.23 a.m. Lenk, then taxi to Iffigenalp)
Departure	Approx. 15.30 p.m. Leukerbad
Accommodation	Wildhornhütte SAC 2303 mWildstrubelhütte SAC 2789 m

Services

Included

- Guiding and supervision by a mountain guide
- Accommodation with half board: 3x hut (base camp)
- Mammut Safety Equipement (Avalanche Safety Equipment and Avalanche Airbag worth CHF 99.-)
- 15% discount on mammut.com

Not included

- Travel to the course
- Transport (mountain rail Leukerbad-Gemmi CHF 40.-)
- Snacks and drinks
- CHF 12 per night (approx.) hut tax for non-SAC members
- Snowshoes CHF 70 (incl. poles)
- Glacier equipment CHF 75 (harness, ice axe, crampons)
- Contribution to the Travel Guarantee Fund (0.25% on total amount)

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Program

Day 1

Individual arrival in Lenk, welcome by the mountain guide and handover of the rental equipment. Afterwards you will be taken by cab to Iffigenalp. Today's tour leads you via Iffigensee to the Wildhornhütte 2303 m. On the way there will be time for an introduction to avalanche awareness and the use of emergency equipment. (Distance: 6 km, walking time approx. 4 h, ascent/descent: 800/0 elev. m).

Day 2

From the hut you will climb over the Chilchligletscher, past the Schnidejoch, up to the Glacier de Téné and the Wildhorn 3248 m. Here you will be rewarded with a tremendous view. Descent to the Wildhorn hut. (Distance: 9 km, walking time 5 h, ascent/descent: 1000/1000 elev. m).

Day 3

Ascent to the Schnidejoch and further to the Schnidehore 2937 m. By the way, the Schnidejoch was an important connection from the Bernese Oberland to the Valais from the Neolithic Age. About 900 findings testify to this. Descent to the Alpage du Rawyl and across the lonely plateau to the Wildstrubelhütte. (Walking time: 5h, distance: 9 km, ascent/descent: 1165/670 elev. m).

Day 4

From the Wildstrubelhütte you start in the morning and cross the flat Glacier de la Plaine Morte to the foot of the Wildstrubel. From here you climb the south ridge to the summit. After an extensive rest, you descend via the Lämmerenhütte to the Gemmi Pass. The cable car brings you to Leukerbad. (Distance: 13.5 km. Walking time: 6 h. Ascent/descent: 730/1230 elev. m)

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Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented:

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ MSR Snowshoes
- ☐ (telescopinc) Ski poles
- ☐ Climbing harness with 1 safelock carabiner
- ☐ Ice axe
- ☐ Crampons with ABS

Technical equipment

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Touring backpack (approx. 30l)
- ☐ Snowshoes
- ☐ (telescopinc) Ski poles
- ☐ Climbing harness with 1 safelock carabiner (or 2x screw carabiners)
- ☐ Ice axe
- ☐ Crampons with ABS

Clothing

- ☐ 1x ski jacket and 1x ski pants (Gore-Tex or similar material)
- ☐ 1x Soft shell and/or fleece jacket
- ☐ 1x Short/long functional underwear
- ☐ 1x Beanie and 1x headband
- ☐ 2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)
- ☐ 1x Functional socks and 1x spare socks
- ☐ Warm, robust winter shoes, must be laceable and have solid soles or mountain boots

Overnight cottage

- ☐ Own toiletries, ear plugs if required
- ☐ Clohtes to wear in the hut (Minimum)
- ☐ Slipper socks are at the hut
- ☐ Sleeping bag liner made of silk or cotton (for hygienic reasons)
- ☐ Pillow (60x60)
- ☐ SAC/Alpine Club member card (if avalaible)

Food

- ☐ Breakfast and dinner at the hut
- ☐ Tea an lunch must be brought or can be bought at the hut

- ☐ Snacks (e.g. energy bars, dried fruit, dried meat)

Various

- ☐ Sunglasses and ski goggles
- ☐ Sun cream and lip cream (SPF 30 or higher)
- ☐ Camera and binoculars (optional)
- ☐ Half fare travelcard (if existing)
- ☐ Thermos flask made from break-proof material
- ☐ Headlamp with new batteries
- ☐ Small medicinal supplies for personal requirements