

ZERMATTERS

ALPINE SCHOOL

Spitzmeilen round trip

SCENIC TOUR HIGH ABOVE THE WALENSEE (CH) | 2 DAYS

High above Lake Walen lies the fascinating area of Spitzmeilen with views of Churfirsten, Vreneligsärtli and Tödi. Impressively beautiful is the modern hut and unbelievably natural, gentle and wild nature all around. Enjoy two wonderful tour days with avalanche information and summit tour included.

Technique	easy Alpine technique: no prior knowledge needed, Terrain: mostly moderately steep, short steeper sections and traverses
Condition	easy Duration from 2 to 4 hours, up to approx. 700 vertical meters, approx. 250 vertical meters per hour.
Meeting place	10.30 a.m. at Restaurant Cresta top station Tannbodenalp, Tannenboden Alp, 8898 Flums (bus arrival 10.25 a.m. Flumserberg Tannboden)
Departure	Approx. 3.30 p.m. at the starting point
Accommodation	Spitzmeilenhütte SAC 2087 m

Services

Included	<ul style="list-style-type: none">• Guiding and supervision by a mountain/hiking guide• Accommodation with half board: 1 x hut (base camp)• Mammüt safety equipment for testing (avalanche equipment worth CHF 49)• 15% discount on mammut.com
Not included	<ul style="list-style-type: none">• Travel to the course• Transport (mountain railroad approx. CHF 20)• Snacks and drinks• Hut tax (approx.) CHF 12.- per night if not a SAC/Alpine Club member• Snowshoes CHF 40 (incl. poles)• Touring backpack CHF 15• Contribution to the Travel Guarantee Fund (0.25% on total amount)

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Program

- Day 1**
- Take the train to Maschgenkamm at 1953 m. After a few steps you leave the ski hustle and bustle behind you and enter new territory. Passing the Alp Fursch, with a view of the impressive Spitzmeilen, you hike towards the Spitzmeilenhütte 2087 m. On the way, the guide will give you tips and tricks for snowshoeing and you will learn what the emergency equipment is and how to use avalanche transceivers, shovel and probe. (Distance: 5 km, walking time: 2.5 h, ascent/descent: 355/200 vertical meters).
- Day 2**
- Whether Wissmeilen 2481 m or Erdisgulmen 2291 m, two magnificent snowshoe peaks are available. Depending on the conditions, the guide will choose the appropriate summit. Look forward to an unforgettable and eventful tour. (Distance: 13 km, walking time: 4 h, ascent/descent: 500/1200 vertical meters).

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Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented:

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Touring backpack (approx. 30l)
- ☐ MSR Snowshoes
- ☐ (telescopic) Ski poles

Technical equipment

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Touring backpack (approx. 30l)
- ☐ Snowshoes
- ☐ (telescopic) Ski poles
- ☐ Gaiter (optional)

Clothing

- ☐ 1x ski jacket and 1x ski pants (Gore-Tex or similar material)
- ☐ 1x Soft shell and/or fleece jacket
- ☐ 1x Short/long functional underwear
- ☐ 1x Beanie and 1x headband
- ☐ 2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)
- ☐ 1x Functional socks and 1x spare socks
- ☐ Warm, robust winter shoes, must be laceable and have solid soles or mountain boots

Overnight cottage

- ☐ Own toiletries, ear plugs if required
- ☐ Clothes to wear in the hut (Minimum)
- ☐ Slipper socks are at the hut
- ☐ Sleeping bag liner made of silk or cotton (for hygienic reasons)
- ☐ Pillow (60x60)
- ☐ SAC/Alpine Club member card (if available)

Food

- ☐ Breakfast and dinner at the hut
- ☐ Tea and lunch must be brought or can be bought at the hut
- ☐ Snacks (e.g. energy bars, dried fruit, dried meat)

Various

- ☐ Sunglasses and ski goggles

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- ☐ Sun cream and lip cream (SPF 30 or higher)
- ☐ Camera and binoculars (optional)
- ☐ Half fare travelcard (if existing)
- ☐ Thermos flask made from break-proof material
- ☐ Headlamp or flashlight with new batteries
- ☐ Small medicinal supplies for personal requirements