



# Mammut Mountain Monday - Andermatt

## BANISH THOSE MONDAY BLUES! (CH) | 1 DAY

Treat yourself to a Monday away and discover the most stunning descents in the mountains around Andermatt. Our mountain guides will be looking for fresh powder or sunshine – with a bit of luck even both together. Plenty of space is guaranteed: in the ski lifts, at the summit and when skiing!

This tour is suitable only for skiers.

<b>Technique</b>	<b>beginner-intermediate</b>  Piste: confident on skis; Powder snow: beginner experience necessary; Terrain: moderately steep, some steeper sections; Alpine technique (for ski tours): beginner touring experience
<b>Condition</b>	<b>beginner</b>  Duration from 2 to 4 hours, up to approx. 700 vertical meters, approx. 250 vertical meters per hour.
<b>Meeting place</b>	8.30 Mammut Store Piazza Gottardo, Furkagasse 2, 6490 Andermatt (train arrival 8.21 a.m.)
<b>Departure</b>	Approx. 3.30 pm from point of departure

### Services

<b>Included</b>	<ul style="list-style-type: none"><li>• Guiding and supervision by a mountain guide</li><li>• Mammut Safety Equipment to test (Avalanche Safety Equipment and Avalanche Airbag worth CHF 89.-)</li><li>• Eiger Extreme Hardshell Jacket to test</li><li>• 15% discount on mammut.com</li></ul>
<b>Not included</b>	<ul style="list-style-type: none"><li>• Travel to the course</li><li>• Transport (ski pass, approx. CHF 65.-)</li><li>• Snacks and drinks</li><li>• Freeride skis (with climbing skins, poles and insurance CHF 49.-)</li><li>• Freeride boots (25.-)</li></ul>



## Program

### Day 1

Whether from the Oberalp Pass to Piz Cavradi crossing perfect slopes to Tschamut, from Gemsstock to Rotstock and into the Unteralp Valley, or even from the classic Pizzo Centrale via Guspis to Hospental - a wider range of options is hard to imagine. And by the end of the day, we're sure to have done more descents than ascents.

## Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented:

- Barryvox (Avalanche Transceiver)
- Avalanche Probe
- Avalanche Shovel
- Avalanche-Airbag-Backpack
- Freeride skis with climbing skins, poles, ski crampons and insurance
- Freeride boots
- Eiger Extreme Hardshell Jacket to test

## Technical equipment

- Barryvox (Avalanche Transceiver)
- Avalanche Probe
- Avalanche Shovel
- Touring backpack or avalanche airbag backpack (approx. 30 l with ski carrier)
- Freerideskis with touring or freeski binding (incl. climbing skins and ski crampons, waist at least 80 mm)
- Alpine ski boots or touring ski boots
- (telescopic) Ski poles
- Ski helmet

## Clothing

- 1x Ski jacket and 1x ski pants (Gore-Tex or similar material)
- 1x Soft shell and/or fleece jacket
- 1x Short/long functional underwear
- 1x Beanie and 1x headband
- 2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)
- 1x Functional socks and 1x spare socks

## Food

- Snacks (e.g. energy bars, dried fruit,)
- Lunch at the restaurant or in open field (the guide will inform you)

## Various

- Sunglasses and ski goggles
- Sun cream and lip cream (SPF 30 or higher)
- Camera (optional)
- Half fare travelcard (if existing)
- Thermos flask made from break-proof material
- Small medicinal supplies for personal requirements